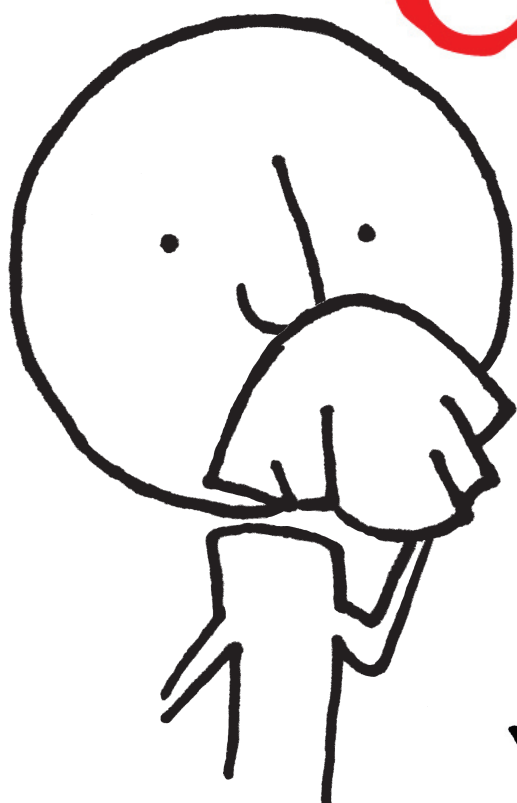


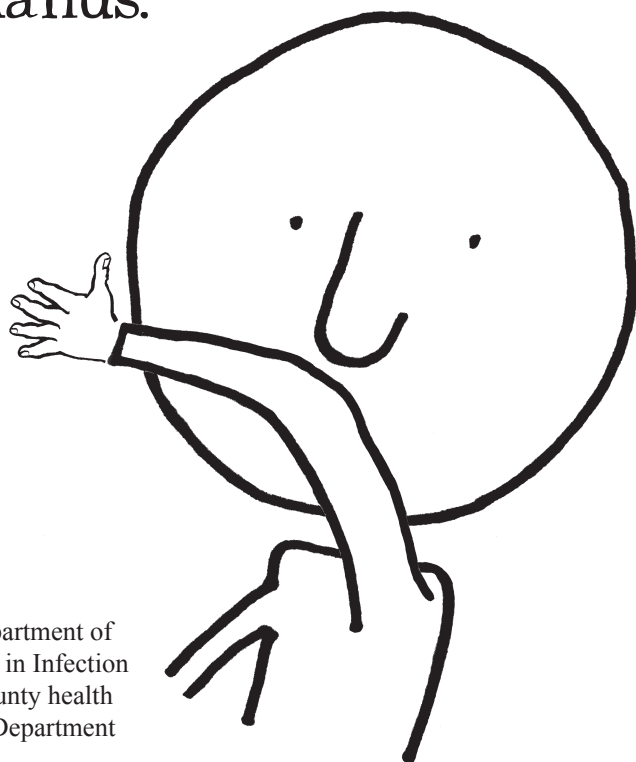
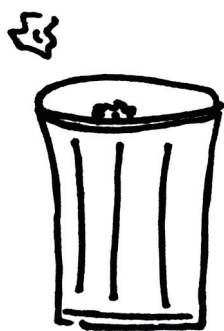
Stop the spread of germs
that make you and others sick!

Cover your Cough



Cover your mouth and nose
with a tissue when you cough
or sneeze, or cough or sneeze
into your upper sleeve—not
your hands.

Put your used
tissue in the
waste basket.



DHS
Oregon Department
of Human Services

APIC
ASSOCIATION FOR PROFESSIONALS IN
INFECTION CONTROL AND EPIDEMIOLOGY, INC.

This message is brought to you by the Oregon Department of Human Services, the Association for Professionals in Infection Control and Epidemiology, Inc., and your local county health department, with special thanks to the Minnesota Department of Health for sharing these illustrations.